

Flag Football v Tahoe: TODAY @ 4pm

Games are every Wednesday at Hiram Johnson High School on the back fields off Redding Avenue. Come out to support our team with your friends & family!

Jogathon Pledge Deadline: Friday, October 18

Thank you to this year's Jogathon chairs, Ryan & Shannon Tash, and their team volunteers, DJ Char and our sponsors for making last week's event a success!

Keep the pledges coming! We're nearly to our \$35,000 goal. We can make it and earn a week of no homework! Funds raised through the jogathon support every child through our IB program and enrichment opportunities. Keep collecting pledges and turn in by October 18th to your teacher or use 99 Pledges: <u>https://app.99pledges.com/fund/CGJog2019</u>

Questions? Contact Ryan Tash <u>ryan@surety1.com</u> or Shannon Tash <u>shannonhuntress@gmail.com</u>

Fall Festival: Friday, October 25, 5-7:30pm

Bring your family and friends to enjoy carnival games, hay rides, bounce houses and other activities. Costumes encouraged! The scarecrow contest is back, so sign up with your family to create the best scarecrow in River Park!

We still need volunteers, so please sign up for a half hour time slot with your child's teacher to work the event or help with clean-up. Everyone is encouraged to make a cakewalk donation. Wristbands and tickets will be on sale beginning Monday, October 21st in front of the cafeteria, before and after school, and during the event. Bring your appetite - food available for purchase includes pizza, BBQ and treats!

Yearbooks for Sale

Get your yearbook now for the lowest price of the year... \$25 for hardcover and \$20 for softcover. Visits <u>www.jostensyearbooks.com</u> to order today!

Halloween Reminder

Halloween is an exciting holiday for all of our children and we know how much they want to celebrate at school. However, at Caleb Greenwood, we do our best to keep the focus on academics and to keep our students healthy while you enjoy the holiday with your families. Here's a refresher on our Halloween policies:

- Costumes are allowed at school only at the Fall Festival on Friday, October 25, 5pm-7:30pm.
- Students do not wear costumes during the school day at any time for Halloween.
- Candy, other food, and non-food items will <u>not</u> be distributed at school for Halloween. If your child brings this type of item for distribution to the class, it will be sent home without being distributed. Please do not put teachers in the position of having to send these items home with the child who brought them.

The Cougar Chronicle

Wednesday, October 16, 2019

Upcoming Dates

Wed, Oct 16: Flag Football v Tahoe 4pm

Wed, Oct 23: Flag Football v Washington 5pm

Fri, Oct 25: Fall Festival, 5:30-7

Wed, Oct 30: Kinder to Fog Willow Flag Football V Lubin 5pm

Thur, Oct 31: 3rd to Governor's Mansion

Fri, Nov I: Friday Sing, Student Recognition, Jogathon Awards Dia De Los Muertos Celebration

Mon, Nov 4: Symkowick-Rose to Effie Yeaw

Tues, Nov 5: Mercado to Effie Yeaw 2^{nd} to High Hill Ranch 3^{rd} Grade Planning

Wed, Nov 6: School Site Council 3-4 Flag Football v Phoebe 4pm PTSO Meeting 6-7:30

Thur, Nov 7: 6th Grade Planning

Fri, Nov 8: 1st Grade Planning

Mon, Nov II: Veteran's Day Holiday

Wed, Nov 13: 5th Grade Planning Flag Football v Judah 4pm

Nov 14-15 & 18-22: Parent Conferences

Fri, Nov 15: Friday Sing

Nov 25-29: Thanksgiving Break

Tues, Dec 3: 3rd Grade to Folsom Zoo Picture Retakes

Wed, Dec 4: 3rd Grade to Crocker Art School Site Council 3-4pm

Important Contacts NEW Phone Number: 916-395-4515

Call in your absences by calling the main number and selecting #I OR email absence date and reason to Lanetta-Johnson@scusd.edu

Reach PTSO for questions regarding events, fundraising and spiritwear at <u>calebgreenwoodptso@gmail.com</u>

For all other inquiries, email Office Manager Daria Young at <u>daria-young@scusd.edu</u>

Sign up for the text reminders about events and happenings around campus by texting @calebg to 81010

Sign up to receive the Cougar Chronicle and other email blasts here:

https://calebgreenwood.scusd.edu/overview/join-today



October Learner Profile and Action Focus:

Thinker Lifestyle Choices



Being a *Thinker* allows you to use critical and creative thinking skills to analyze and take responsible action on complex problems. Thinkers weigh facts and opinions when gaining new knowledge and make reasoned, ethical decisions. This discriminate thought and reflection may result in Action in the form of a *Lifestyle Choice* -- it may Impact your decision to take the elevator or stairs in pursuit of healthier living; it may change what you buy or the businesses you frequent; it might have you take a closer look at your news sources; it may even change the way you to get to work! Think about issues and problems from many angles, considering facts and opinions, as well as alternative solutions, when making choices that impact your day-to-day life.

Thinker Lifestyle Choice Action Challenge:

Trash on Your Back!

Last week Mrs. Cordero, Mrs. Symkowick-Rose, Miss Bond, Mrs. Rauh, and Ms. Moseley carried all the trash they produced in a backpack for a 5-day period, wherever they went! That's compostable items, recyclables, and trash – everything! Here are some of their reflections as Thinkers this past week:



"The one-use plastic is driving me crazy!!! I found milk that is in glass bottle at Sav-Mart. It is expensive but you can bring it back to Sav-Mart and you'll get \$2 back. I may be switching! It is local too. From Modesto." – Mrs. Symkowick-Rose I realized I was reaching for lot of paper products like upkins, tissues, paper towels, c. for things a dish towel or oth napkin could do. I have arted carrying a cloth napkin my purse to cut down on my aste. –Mrs. Cordero

"I bought a reusable cup for Starbucks and will continue using that cup at Starbucks to cut back on paper products." –Miss Bond

"I had to be really disciplined about take-out food. When I did go out, I found places that had food that comes in paper containers. I also realized not all tea bags are compostable. I am also going to keep a hand-towel at school now." -Ms. Moseley

YOU CAN ARGUE ALL DAY ABOUT WHETHER ONE PERSON NOT USING STRAWS OR GOING VEGAN MAKES A GLOBAL DIFFERENCE. THE POINT IS THE MINDSET. WE NEED TO CHANGE OUR THINKING FROM THIS IDEA THAT THE EARTH IS A BOTTOMLESS PIT OF RESOURCES AND START ACTING LIKE WHAT WE DO MATTERS. CHANGING THE PHILOSOPHY OF CULTURES AND SOCIETIES STARTS WITH INDIVIDUALS CHANGING THEIR OWN HEARTS AND MINDS. THATS THE IMPORTANCE OF GRASSROOTS ACTION. IT'S NOT THAT MY COMPOSTING WILL EMPTY LANDFILLS OF FOOD WASTE BUT MY CHANGED MIND AND HEART MAY INFLUENCE OTHERS. AND THAT COULD SPREAD AND CHANGE THE WORLD.

"I realized that I can reuse things I would normally throw away after one use, i.e. paper towels, plastic utensils etc."-Mrs. Rauh

-Olaa E

Developing World Language and International-Mindedness

Last week we wrote about ways to encourage your child's Spanish language and International Mindedness. Some Caleb Families took the idea to heart and met Saturday morning at La Esperanza Bakery to learn about and taste Pan de Muerto! There is still time to get yours and learn about Día de los Muertos (Day of the Dead) before the holiday (Oct 31st - Nov 2nd)!

