

BE THE CHANGE



CALEB GREENWOOD
AN IB WORLD SCHOOL

The Cougar Chronicle
Wednesday, October 9, 2019

Flag Football v Mark Twain: TODAY @ 4pm

Games are every Wednesday at Hiram Johnson High School on Field A off Redding Avenue. Come out to support our team with your friends & family!

Jogathon: Friday, October 11

The Jogathon is THIS FRIDAY, October 11! The whole family is welcome to participate! Be ready to cheer, take pictures and even jog with your kiddos. Special thanks to DJ Lady Char for coming out again to help MC the event and provide music.

Keep the pledges going Cougars, we are halfway to our schoolwide goal of \$35,000! We can do it....let's support our IB program and earn a week of no homework! You can keep collecting pledges and turn in by October 18th to your teacher or use 99 Pledges: <https://app.99pledges.com/fund/CGJog2019>

Water and nutritious snacks will be provided post-run. All students receive an official "IB therefore I RUN" T-shirt made possible by local community partners. Runners should wear sunscreen and proper footwear and attire for running, jogging and walking. Don't forget to get a good night sleep, have a healthy breakfast and have fun!

Grade	Warm Up	Track
Kinder	8:30 a.m.	8:45 a.m.
1 st Grade	9:00 a.m.	9:15 a.m.
2 nd Grade	9:30 a.m.	9:45 a.m.
3 rd Grade	10:00 a.m.	10:15 a.m.
4 th Grade	10:30 a.m.	10:45 a.m.
5 th Grade	11:00 a.m.	11:15 a.m.
6 th Grade	11:20 a.m.	11:40a.m.

Kinders will run for 15 min./All other grades for 20 minutes

Volunteers are still needed to make this event the best it can be. Please sign up to volunteer <https://www.signupgenius.com/go/20FoF4EA4AB23A7FDo-jogathon1>. Questions? Contact Ryan Tash ryan@surety1.com or Shannon Tash shannonhuntress@gmail.com

Yearbooks for Sale

Get your yearbook now for the lowest price of the year... \$25 for hardcover and \$20 for softcover. Visits www.jostensyearbooks.com to order today!

Halloween Reminder

Halloween is an exciting holiday for all of our children and we know how much they want to celebrate at school. However, at Caleb Greenwood, we do our best to keep the focus on academics and to keep our students healthy while you enjoy the holiday with your families. Here's a refresher on our Halloween policies:

- Costumes are allowed at school only at the Fall Festival on Friday, October 25, 5pm-7:30pm.
- Students do not wear costumes during the school day at any time for Halloween.
- Candy, other food, and non-food items will not be distributed at school for Halloween. If your child brings this type of item for distribution to the class, it will be sent home without being distributed. Please do not put teachers in the position of having to send these items home with the child who brought them.

Upcoming Dates

- Wed, Oct 9: Flag Football v Twain 4pm
- Thur, Oct 10: 2nd Grade Planning Day
- Fri, Oct 11: Jogathon
Cross Country Meet @ William Pond Park @4:30
- Wed, Oct 16: Flag Football v Tahoe 4pm
- Wed, Oct 23: Flag Football v Washington 5pm
- Fri, Oct 25: Fall Festival
- Wed, Oct 30: Kinder to Fog Willow
Flag Football V Lubin 5pm
- Mon, Nov 4: Symkowick-Rose to Effie Yeaw
- Tues, Nov 5: Mercado to Effie Yeaw
2nd to High Hill Ranch
Flag Football v Phoebe 4pm
- Wed, Nov 6: School Site Council 3-4
PTSO Meeting 6-7:30
- Mon, Nov 11: Veteran's Day Holiday
- Wed, Nov 13: Flag Football v Judah 4pm
- Nov 14-15 & 18-22: Parent Conferences
- Nov 25-29: Thanksgiving Break
- Tues, Dec 3: 3rd Grade to Folsom Zoo
Picture Retakes
- Wed, Dec 4: 3rd Grade to Crocker Art
School Site Council 3-4pm
PTSO Meeting 6-7:30pm
- Thur, Dec 5: Taiko Drums Assembly (K-3)
- Fri, Dec 6: Friday Sing & Student Recognition

Important Contacts

NEW Phone Number: 916-395-4515

Call in your absences by calling the main number and selecting #1 OR email absence date and reason to Lanetta-Johnson@scusd.edu

Reach PTSO for questions regarding events, fundraising and spiritwear at calebgreenwoodptso@gmail.com

For all other inquiries, email Office Manager Daria Young at daria-young@scusd.edu

Sign up for the text reminders about events and happenings around campus by texting @calebg to 81010

Sign up to receive the Cougar Chronicle and other email blasts here:
<https://calebgreenwood.scusd.edu/overview/join-today>



IB PYP ACTION LAUNCH!

October Learner Profile and Action Focus:

Thinker Lifestyle Choices



Being a *Thinker* allows you to use critical and creative thinking skills to analyze and take responsible action on complex problems. Thinkers weigh facts and opinions when gaining new knowledge and make reasoned, ethical decisions. This discriminate thought and reflection may result in Action in the form of a *Lifestyle Choice* -- it may Impact your decision to take the elevator or stairs in pursuit of healthier living; it may change what you buy or the businesses you frequent; it might have you take a closer look at your news sources; it may even change the way you to get to work! Think about issues and problems from many angles, considering facts and opinions, as well as alternative solutions, when making choices that impact your day-to-day life.

Thinker Lifestyle Choice Action Challenge:

Trash on Your Back!

As way to kick-off being a Thinker in our Action Lifestyle Choices, we have asked staff members to take the *Trash on Your Back* challenge! This week, Mrs. Cordero, Mrs. Symkowick-Rose, Miss Bond, Mrs. Rauh, and Ms. Moseley will carry all the trash they produce in a drawstring backpack for a 5-day period, wherever they go! That's compostables, recyclables, and trash – everything! Watch our Facebook and Instagram pages for their thoughts and results! Does your family want to join in? Join us for a day or two, or a whole 5-day challenge and share your results online, with your teacher, or with Mrs. Cordero (Kelly-cordero@scusd.edu).

Find out more here: www.trashonyourback.org



International-Mindedness

As an IB World School, we have the fortunate requirement of having world language instruction available for our students. At Caleb Greenwood, our chosen world language is Spanish. Language is important part of being an IB learner and developing *international-mindedness*. There are Actions you and your family can take to develop world language and *international-mindedness*. Check here each week for ways to develop these important values of our IB program!

Developing World Language and International-Mindedness

by Caleb Parent Artemio Armenta

In recognition of Latino Heritage Month, Caleb families are encouraged to visit *La Esperanza*, one of the oldest Mexican bakeries in town. While there, practice your Spanish skills you have honed with Señora Miller. Also, treat yourself to *delicioso* Mexican *pan dulce* (pastries). In October and November, you can even pick up the seasonal *Pan de Muerto*, in honor of *Dia de Los Muertos*! The bakery is located at 5044 Franklin Blvd. For more details: www.laesperanza.com. Share pics of your visit on our social media pages, with your teacher, or with Mrs. Cordero!