

BE THE CHANGE



CALEB GREENWOOD
AN IB WORLD SCHOOL

The Cougar Chronicle
Wednesday, December 18, 2019

Pajama Day: Friday, December 20

Enjoy the last day of school before Winter Break in your pajamas!

Elementary Basketball

It's time to register and try out for our Caleb Basketball team! Registration begins January 6, is FREE, and is open to all 4th-6th grade students. Coach Bond will hold tryouts on Tuesday, January 7th, 2:30-3:30. In order to tryout students must register here and bring their permission slip: <https://elementarysports.edu/home>. Email Coach Bond at brittne-bond@scusd.edu.

Kinder Tours & Kinder Registration

Kinder Tours begin in January, which means kindergarten registration for 2020-2021 is upon us! Families who reside in our attendance area may register kindergarteners for the 2020-2021 school year in our front office, January 14-28, 2020. In order to complete registration and be guaranteed a spot in next year's kindergarten class, parents must present ALL of the following: photo id, current mortgage/property tax bill or rental agreement, current utility bill, proof of birth, and up-to-date immunization records. ALL items are required to complete registration, including immunization records showing all required shots. Students who do not have all required shots, will not be allowed to complete registration. To see a list of immunizations required to register for kindergarten, please visit <https://www.scusd.edu/post/learn-about-2020-2021-kindergarten-registration>

If you live outside our attendance area (even if you have a sibling attending Caleb in another grade) and wish to register your kindergarten student for 2020-2021, please send Mrs. Hanson an email (erin-hanson@scusd.edu). Caleb is no longer participating in the Open Enrollment process so you will need to submit an intra-district permit request to the district enrollment center. Permits will be reviewed and accepted based on available space in June. Parents of students applying for permits are strongly encouraged to also register at your school of residence during the Jan 14-28 on-campus registration period.

Girl Scout Toy Drive

Girl Scout Troop 1501 is holding a toy drive to benefit the local Shriners Children's Hospital. The toy drive will be from December 16 through January 20. Please drop off any new, unopened toys to the bins in the office starting January 16. Please help our troop in being principled and caring this holiday season by helping children in need. Any questions, email Meagan Catafi at megstirs@yahoo.com.

Christmas Tree Recycling

East Sacramento's own Cub Scout Pack 128's annual Christmas Tree recycling fundraiser is coming up! Pack 128 Cub Scouts will pick up your tree from your curb on either Sunday December 29th OR Saturday January 4th, 2020 for just \$10. To add your name to the list of pickups, please email cubscoutpack128fundraiser@gmail.com with your name and street address to sign up. You can either pay the Scouts the day they pick up or the Pack can invoice you via PayPal. Thanks!

2020-21 Kinder Tours

8:30am-10:30am

Thursday, January 9

Thursday, January 16

Winter Concerts

Kinder: Thur, January 23

First-Sixth: Wed, January 29

Upcoming Dates

12/21-1/5: Winter Break

Tues, Jan 7: 5th Grade Planning
Hearing & Vision Screening

Wed, Jan 8: School Site Council 3-4pm
PTSO Meeting 6-7:30pm

Thur, Jan 9: Kinder Tours 8:30-10:30

Fri, Jan 10: Friday Sing & Student Recognition
4th Grade Planning

Mon, Jan 13: 6th Grade Planning

Tues, Jan 14: 3rd Grade Planning

Thur, Jan 16: Kinder Tours 8:30-10:30

Fri, Jan 17: 1st Grade Planning

Wed, Jan 22: Kinder Winter Concert

Fri, Jan 24: Friday Sing K-2

Mon, Jan 27: 3rd Grade Planning

Wed, Jan 29: 1st-6th Winter Concert

Sat, Feb 1: Readathon

Feb 3-7: 6th Grade to Sly Park

Wed, Feb 5: School Site Council 3-4
PTSO Meeting 6-7:30

Fri, Feb 7: Friday Sing & Student Recognition

Mon, Feb 10: Holiday

Mon, Feb 17: Holiday

Wed, Feb 19: 1st Grade Planning

Thur, Feb 20: 5th Grade Planning

Important Contacts

NEW Phone Number: 916-395-4515

Call in your absences by calling the main number and selecting #1 OR email absence date and reason to Lanetta-Johnson@scusd.edu

Reach PTSO for questions regarding events, fundraising and spiritwear at calebgreenwoodptso@gmail.com

For all other inquiries, email Office Manager Rosie Carrillo at Rosalva-Carrillo@scusd.edu

Sign up for the text reminders about events and happenings around campus by texting @calebg to 81010

Sign up to receive the Cougar Chronicle and other email blasts here:

<https://calebgreenwood.scusd.edu/overview/join-today>



IB PYP ACTION LAUNCH!



December Learner Profile and Action Focus:



Principled Participation

In IB PYP, being *Principled* means we act with integrity and honesty, with a strong sense of fairness and justice, and with respect for the dignity and rights of people everywhere. We take responsibility for our actions and their consequences. These ideas of respect, responsibility, and justice may result in Action in the form of *Participation* -- learning about an injustice may propel you to learn more by participating in a class or learning opportunity; or it may move you to search out an activity to show your support of an issue; or it may even drive you to become part of a group who shares the same sense of fairness and willingness to fight for rights of people locally and globally. Talk with your family about what values your family holds and explore issues and topics that align with these values. Then do some research together and inquire about ways to *Take Action* through Participation!

Ideas for Principled Participation as a Gift to the Environment During the Holidays:

6 ways to have a Greener Christmas

Maximise the efficiency of your home
Keep the heat in your home and cold out by draught-proofing your windows and doors. Move furniture away from the radiators and try turning the thermostat down by one degree when you have guests as the extra bodies will create more warmth.
Top tip - Studies have shown keeping your thermostat down all year is one of the best energy-saving tips you can implement!

Use recyclable cards and gift wrapping
Not all gift wrapping is pure paper - some is plastic-based, contains foil or is decorated with glitter none of which can be recycled. Try sourcing recycled wrapping paper, brown kraft paper or used newspaper.
If you're using a gift bag, re-use one you have in the house. For your Christmas cards, consider ones made from recycled paper or even a plantable variety!

Switch to LED fairy lights
LED lights typically use between 25-80% less energy than traditional bulbs. For your Christmas lights, try solar-powered and set timers for both indoor and outdoor lights to stop you from wasting energy.
Increase the coziness factor by turning your fairy lights on, main room lights off, lighting a few eco-friendly, non-parafrin candles and grabbing a cosy blanket!

Choose organic and reduce your food waste
Good food choice is one of the most effective ways to clean up your footprint. If you're planning on having meat over Christmas, make it organic and free-range, accompanied by organic veg that's light on packaging or, even better, loose.
Turn your leftovers into new recipes or share them with someone in need. If you still end up with spare food, make sure you put it in your green waste bin or compost.

Buy 'green' gifts that are third-party certified
Third party certification is the best way to determine if a product is environmentally friendly. Look out for the respected eco logos of Fairtrade, Rainforest Alliance, Scientific Certification Systems (SCS), Forest Stewardship Council (FSC), Energy Star and Palm Oil Free.
When buy clothing or textiles, look out for sustainable fibre use labels, such as the Better Cotton Initiative. Don't be afraid to regift or even make your own gift this year!

Buy a real christmas tree
Buying a real tree from a local, sustainable grower is the best way to minimise your environmental impact - make sure it is Forest Stewardship Council (FSC) certified so you know it's from a responsibly managed stock.
If you're thinking of an artificial tree, one study concluded you'd have to use this for 20+ years to be greener than a natural one.

6 WAYS TO GREEN YOUR HOLIDAY

BEST: A live, potted, local tree
A potted, native tree is a good choice if you can plant and care for it after the holidays, or try has an organization like *Friends of the Urban Forest* that will take back your tree and plant it for you.

BETTER: A local, sustainable tree
Local Harvest features a list of beautiful live Christmas tree providers across the country. Afterwards you can turn your tree into wood chips or compost with *Earth 911*.

OKAY: Artificial trees made in the U.S.
Fake trees are often made in China with harmful plastics that are non-recyclable. To minimize your carbon imprint, consider buying from *U.S. Christmas Tree*.

If you're planning to drive, try renting a hybrid or carpooling. If you must fly, consider **CARBON OFFSETS**

1.9 BILLION CHRISTMAS CARDS ARE SENT IN THE U.S. EVERY YEAR

Consider sending our eCards or buy recycled cards

Refashion old greeting cards into gift tags, postcards, and tree ornaments

Instead of coming home with 15 shopping bags, bring your own to the store.

By switching to **LED lights**, you'll save power even while keeping the holiday spirit bright - some LED strands are even **solar-powered**.

For parties, use **metal flatware and real glasses and dishes**.

Use cloth tablecloths instead of throwaways.

SIERRA CLUB
FOUNDED 1971

Have a Great Winter Break!