

The Cougar Chronicle

Wednesday, April 4, 2018

5th/6th Grade Health Parent Information: Tonight, 5-6pm in the Library

Join presenter and Sexual Health Educator, Kara Haug, to learn more about the content and format of next week's health sessions for 5th and 6th graders. Find out what your students will learn about and ask questions to prepare yourself and your children.

Friday Festivities

Join us this Friday, April 6th for Cougars on the Run before school and then stay for Friday Sing and our monthly Student Recognition Assemblies! Students will be recognized for IB Awards and Perfect Attendance. Perfect Attendance awards go to students who have been here everyday, all day without any tardies or early dismissals for the entire school year so far. Primary @ 8:15 and Intermediate @ 9:15. Remember to wear your Cougar Spirit Wear!

Spring Party + Auction: Saturday, April 14

There are only a few more days to get your tickets for our Spring Luau before the price increases to \$50 per person on April 7th. All proceeds benefit the PTSO which funds our school's enrichment activities such as class field trips, assemblies, art, music, library and supplements our IB program fees. We hope you can join us for an exciting night out! And parents who have advanced tickets can expect a great art treat from their Caleb students – don't miss out on this incredible project organized by Melissa Williams and Kelly Cordero. Buy your tickets to attend today. <http://www.calebgreenwood.scusd.edu/>

Spring Picture Day: Tuesday, April 17

Mark your calendars! Spring Picture Day is Tuesday, April 17!

PTSO Family Dance: Friday, May 4

Save the date for our first ever Family Dance. Sponsored by the PTSO and planned from 6-8pm in the Caleb MPR and courtyard. More details and tickets available soon!

CAASPP Testing – April 23-May 25

Each spring, all students in grades 3-6, participate in assessments for the California Assessment of Student Performance and Progress (CAASPP) to measure performance in English language arts, mathematics and science. During these weeks, please help your student do their best by making sure they are at school on time everyday, do not need to leave early for appointments, sleep well the night before and eat a healthy breakfast each morning. You can also help prepare your students by having them practice their keyboarding skills on typingclub.com or similar app.

Clay Sculpture Mini Session: Tuesdays, April 24-May 29

Explore clay, build creative skills, create sculptures and have fun with our resident sculptor Julie Didion! Next session begins Tuesday, April 24, 2:25-3:25 and runs for six weeks. Email juliedidion@comcast.net for more information. Space is limited, so sign up early!

School Climate Survey

Please take a few moments to take SCUSD's annual school climate survey. Students in grades 3-6 will take the survey at school, but we need parent input too! Visit www.scusd.edu/family-survey for more info. Deadline is Friday, April 13.

Booking Summer Travel?

Be sure to sign up and click through eScrip so Caleb Greenwood can benefit too!

https://shopping.escrip.com/ref/pgpromo_merch/s1a50048605

18-19 School Year Start Date

Thursday, August 30

For full school year calendar, click here:

www.scusd.edu/academic-calendars-bell-schedules

Arrivals, Tardies, Early Dismissals & Attendance

Arrival: The cafeteria is open at 7:30am for breakfast and the playground/blacktop is open at 7:45am for students to play. If your child arrives prior to 7:45, they must go to and remain in the cafeteria until 7:45 when adults are available to supervise the playground/blacktop. Students are not to arrive on campus prior to 7:30am unless they are going to 4thR.

Tardies: Our first bell rings at 7:58 indicating that students need to use the restroom, get a drink of water and line up. When the second bell rings at 8:00, students should be in line and ready for class. If your child arrives after 8:00, a tardy slip from the office is required for the student to enter class. If your child arrives after 8:30, you will need to accompany them to the office to get a tardy slip and sign them in for the day.

Appointments: Please make every effort to schedule appointments for your child outside the school day. If your child misses school for the day, or a portion of a day, due to an appointment, you will need to bring a note from the service provider to excuse the absence.

Early Dismissals: Early dismissals are allowed through the front office only and you must sign your child out when removing them from school prior to dismissal. However, please note that due to end of day procedures, all early dismissals must be complete by 2:00. Requests after 2:00 will have to wait until our 2:12 dismissal.

Attendance: In order for your child to gain the maximum benefit from their education, it is imperative that they attend school each and every day. Please only miss school for illnesses and family emergencies. Always call the front office or use our online tool <http://calebgreenwood.scusd.edu/quick-link/report-absence> to clear your child's absences.

Upcoming Dates

- W 4/4: Report Cards Sent Home
Art 2nd & 5th
5th/6th Health Parent Meeting 5-6
PTSO Board Meeting 6-7:30
- F 4/6: 4th (rm 17) to Powerhouse Science
Friday Sing & Student Recognition
- T 4/10: 3rd PYP Planning
Music 1st & 4th
- W 4/11: Art 3rd & 6th
- S 4/14: Spring Party + Auction
- T 4/17: 1st PYP Planning
Spring Picture Day
Music 2nd & 5th
School Site Council 2:30-3:30
- W 4/18: Art Kinder & 3rd
Kinder to Lion King, Jr.
4th Grade to Crocker Art Museum
- F 4/20: Friday Sing
- 4/23-4/27: Grades 3-6 CAASPP Testing
- M 4/23: 2nd Grade to B Street Theatre
- T 4/24: Music 3rd & 6th
6th PYP Planning
- W 4/25: Art 1st & 4th
3rd (11 & 12) to Folsom Zoo
2nd PYP Planning
- Th 4/26: 3rd (10 & 15) to Folsom Zoo
- F 4/27: Rainbow Spirit Day
- W 5/2: Art 2nd & 5th
PTSO Board Meeting 6-7:30

April Attribute **BALANCED**

Students who are BALANCED are healthy and are aware that eating properly and exercising is important in their lives. They understand that it is important to have a balance between the physical and mental aspects of their bodies. They spend time doing many different things.

How can parents help to develop students who are well-balanced at home?

- Encourage your child to participate in a wide variety of structured activities.
- During less structured time, also be aware of the activities that your child is participating in. Too much time in front of the computer or television is obviously not desirable, but all kids need to do a variety of things. Generally active kids should take time for quiet reading or reflection; students who spend a lot of time drawing or reading, should be encouraged to also exercise and play.
- Discuss the food groups with your child. Spend a few minutes during a mealtime deciding if what your family is eating is balanced.
- Role model this attribute. Spend time as a parent or family doing many different things.

Want to know what's happening? **Text Reminders!**

Sign up for text reminders about events and happenings around campus by texting @calebg to 81010.