At-Home COVID-19 Testing

Students and staff might be exposed to COVID-19.
Testing at home helps prevent the spread of COVID-19 and keep schools open
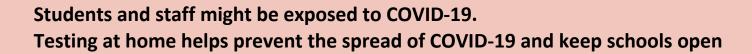
Step 1: Get the following materials:

- iHealth COVID-19 Antigen Rapid Tests (with instructions).
- A device with internet access for submitting your results at the link provided by your school. (If you do not have a device or internet, call Primary at (650) 275-5419.)

#keepingschoolsopen

Step 2: Test your student (or yourself if you are a staff member):

WATCH a video on how to test at **https://youtu.be/qBt_H4Gc-rU**
- **Test # 1:** Use on Monday, before returning from the three-day weekend.
- **Test #2:** If you test positive on Test #1, use Test #2 five days after your positive test result. If Test #2 is negative and your student/you are symptom-free, your student/you may return on Day 6.
  <u>If you test negative on Test #1</u>, use Test #2 if your student/you develop symptoms at a later date.

Step 3: Share your test results on Primary.Health (DO NOT use the iHealth app):

- If not already registered, go to Primary Health at **https://my.primary.health/l/scusd-edu** or use the QR code.
- Report your results at the link sent to you by Primary, or here: **https://primary.health**

- Please report all results: negative, positive or inconclusive.

NO INTERNET? Report your results to Primary by phone at (650) 275-5419.

QR code to register for Primary:

Step 4: Understand your test results:

<u>**POSITIVE TEST?**</u> **Stay home.** Contact your doctor and your school **right away** for further guidance. Report your test
results through **https://primary.health** Further guidance will be sent to you by email and text through Primary.Health

<u>**NEGATIVE TEST?**</u>
- If your student feels well and has no COVID-19 symptoms, and no recent exposure to someone with COVID-19, RETURN TO SCHOOL!
- If your student is negative but has SYMPTOMS - **stay home** and follow the illness and symptoms requirements for returning to school or work: **returntogether.scusd.edu/sites/main/files/file-attachments/hs_appx_b.pdf?1635269397**
- If your student has been exposed to someone with COVID-19 and is not fully vaccinated - **stay home** and follow the quarantine guidance here: **returntogether.scusd.edu/isolation-quarantine-guidance**

<u>**UNCLEAR TEST RESULTS?**</u> Find a local testing site to retest. Make sure you have a photo of your test.

Questions about Primary.Health? Call (650) 275-5419

Questions about isolation or quarantine? Visit **returntogether.scusd.edu/isolation-quarantine-guidance** or call/text the **SCUSD COVID Helpline** for questions about isolation or quarantine at **(916) 559-0951**. Contact Tracing Nurses are available Monday - Friday (when school is in session) from 10am to 5pm (excluding school holidays).

Order more **FREE** COVID tests from the federal government while supplies last, limit four per household, at **covidtests.gov.**