# Kinder Orientation

#### <u>Reading And Writing Expectations:</u>

- Recognize his/her written name
- Write first name with one capital letter and the rest lowercase letters independently
- Can draw a picture and talk about what is happening
- Can hold a pencil correctly
- Write some letters with correct formation (top to bottom)
- Identify some capital and lowercase letters

#### Math Expectations:

- Recognize basic colors and shapes
- Count orally to 10 or more
- Count a group of objects and identify how many (one to one counting)
- Sort similar objects by color, size, or shape
- Recognize some numbers 0-10 (out of order)
- Write some numbers with correct formation (top to bottom)

## <u>Ways To Prepare Your Child With</u> <u>Fine Motor Skills:</u>

- Have your child practice cutting with scissors (cut straight, curvy, and zig-zag lines) and using glue sticks
- Have your child snap, zip, and button his/her own clothes independently (put on their own jackets)
- Have your child use crayons or markers to color (both lightly and firmly)
- Play games with TINY pieces, like Legos, fuse beads, lacing toys, art with small beads
- Use spray bottles and Play-Doh

### Social And Behavioral Skills:

- Sit with legs crossed and eyes focused on the teacher
- Sit and listen to a story for 15 minutes
- Speak in complete sentences
- Interact well with other children (vs parallel play)
- Listen and share ideas with teacher/peers during lessons
- Use bathroom independently

#### Growth Mindset

#### "I can change my MINDSET with my WORDS!"

Instead of:	<u>I can say:</u>
1. I am not good at this.	1. I am not good at this YET,
2. This is too hard.	but I can keep trying. 2. This will take some effort, but I can do it.
3. This is too easy.	3. How can we make this more
4. I might make a mistake.	challenging? 4. When I make mistakes, I can learn and get better.
5. I can't do this.	5. I can ask for help.
6. I am great at this.	6. I practiced hard and learned how to do this.
7. I give up.	7. I will keep on trying and think about a new strategy.

#### Parent Support

- Help your child wake up, eat a healthy breakfast
- Make sure to drop off your child at your child's classroom door between 7:45-7:55 am
- Have some supplies ready at home (paper, pencil, crayons, scissors, glue stick, etc.)
- Review and monitor your child's work
- Read books daily to/with your child
- Use a growth a mind set with talking about school experiences

#### Ways To Play and Learn at Home

- Match uppercase and lowercase letters
- Put letters in ABC order & put numbers in order
- Play card games (Go Fish, memory, Crazy 8, etc.)
- Play board games (Candyland, Chutes and Ladders, Dominos, Yahtzee, Guess Who, Sorry, Trouble)
- Let your child lose some games!
- Practice the number poems for each number
- Try skipping, hopping, sliding, jumping with a rope, dribbling/bouncing/catching a ball
- Riding a bike/scooter/roller skating
- Read, read, & read some more

#### Pre-Assessments/Assessments

- We will assess your child one on one on: letters, numbers, rhyming words, etc.
- The first pre-assessment will be before school starts. Aug. 27-31. A sign-up will available at the "Kinder Welcome" at Glen Hall Park on Wednesday, August 25, 5:00-6:30 pm.
- We will also be doing one-one assessments several times throughout the year to monitor progress